

## Summer School Menu at The Junior School

### Breakfast

- Sandwich with ham/cheese/strawberry jam
- Koulouri Thessaloniki's
- Cereal with milk
- Fruit salad



### Lunch

#### WEEK 1, 3

#### Monday

- Fussili pasta with bolognaise or tomato sauce
- Fages (lentils)

#### Tuesday

- Boneless chicken in the oven withourgouri (bulgur wheat)
- Ravioli



#### Wednesday

- Fish fingers with rice
- Noodles with soy sauce and vegetables

#### Thursday

- Pork burger with potato wedges
- A large pitta with halloumi

#### Friday

- Chicken drumstick withourgouri
- Veggie burger

#### WEEK 2, 4

#### Monday

- Penne Carbonara
- Rice with vegetables

#### Tuesday

- Louvi (Black eyed beans) with tuna
- Chicken Burger with fresh salad

#### Wednesday

- Ravioli with halloumi
- Kritharaki with mincemeat

#### Thursday

- Fages (Lentils)
- Pastichio with fresh salad

#### Friday

- Traditional Macaroni with cheese
- Peas with carrots and potatoes

❖ Each day a vegetable will be served with every meal.

❖ **Please inform the canteen of any special dietary needs/food allergies.**

Educating since 1944

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