

# SUMMER SCHOOL MENU FOR THE JUNIOR/SENIOR SCHOOL

## BREAKFAST MENU SELECTION FOR **ALL WEEKS** OF SUMMER SCHOOL

- CEREAL CUP WITH MILK/YOGURT
- SANDWICH HAM & CHEESE OR TURKEY & CHEESE
- FRESHLY BAKED PLAIN CROISSANT
- FRUIT SALAD

## LUNCH MENU (**WEEKS 1, 3**)

### MONDAY

- GRILLED CHICKEN FILLET/RICE
- BLACK EYE BEANS WITH LAHANA/ TUNA/BREAD

### TUESDAY

- ROAST PORK/TOMATO POURGOURI/MIXED SALAD
- TAGLIATELLE NAPOLITANA (HOMEMADE TOMATO SAUCE)

### WEDNESDAY

- COD FISH/ RICE
- LASAGNE (PORK MINCED MEAT)

### THURSDAY

- MINCED MEAT ORZOTTO
- WHITE BEANS ,CELERY,CARROT,POTATO AND TUNA

### FRIDAY

- HOMEMADE BURGER/HOMEMADE CHIPS/VEGGIE STICKS
- SPAGHETTI CARBONARA (FRESH MUSHROOM/BACON)

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- CEREAL CUP WITH MILK/YOGURT
- SANDWICH HAM & CHEESE OR TURKEY & CHEESE
- FRESHLY BAKED PLAIN CROISSANT
- FRUIT SALAD OR FRUIT

## LUNCH MENU (**WEEKS 2, 4**)

### MONDAY

- HOMEMADE CHICKEN BURGER/HOMEMADE CHIPS
- LENTILS WITH RICE

### TUESDAY

- SPAGHETTI BOLOGNESE
- COD FISH/SAFFRON RICE

### WEDNESDAY

- ROAST CHICKEN/POTATOES
- PEAS IN TOMATO SAUCE (ARTICHOKE, POTATO, CARROT)

### THURSDAY

- HOMEMADE PASTICHIO (PORK MEAT)
- VEGETABLE NOODLES (STIR FRIED)

### FRIDAY

- PORK GYROS IN PITTA BREAD/HOMEMADE CHIPS/YOGURT DIP ON THE SIDE
- HALLOUMI RAVIOLI/GRATED RICOTTA CHEESE